

24th October 2021



table **GRACE**

Heavenly Father,
You are the giver of all
good gifts. Thank you
for giving us this food
we are about to eat,
the fellowship and
love of our friends and
family and the
foundations of the
homes in which we
live.
Amen.



THOUGHT
for the week

Emmanuel. God with us.
He who resided in
heaven, co-equal and co-
eternal with the Father
and the Spirit, willingly
descended into our
world. He breathed our
air, felt our pain, knew
our sorrows, and died
for our sins. He didn't
come to frighten us, but
to show us the way to
warmth and safety.
- Chuck Swindoll



VERSE for the week

The Word became flesh and made
his dwelling among us. We have
seen his glory, the glory of the one
and only Son, who came from the
Father, full of grace and truth.

John 1:14



REMEMBER this week

God became truly human
like us
so that we could be
truly human
like we
were created to be



1 let's **SHARE**

1. Share your highs and lows.
2. What things or experiences make you glad to be a living human being?
3. What are some of the challenges of living life as a human in this world?
4. What does it mean to you, that God came down from heaven and lived as a human in the person Jesus?
5. If Jesus was present in the room with you now and you could physically touch him, what would you want to say or do with him?
6. Because of his humanity, Jesus knows what we are going through. What feelings, experiences or emotions would you like to share with Jesus? How does it help knowing that he really understands you?

2 let's **READ**



Sunday – **John 1:14**
Monday – **Hebrews 2:14**
Tuesday – **Isaiah 9:6**
Wednesday – **John 10:30**
Thursday – **Matthew 20:28**
Friday – **Philippians 2:5-8**
Saturday – **Mark 6:3**



3 let's **TALK**

- A** – What is this text **ABOUT**?
B – What is the **BEST** thing about this text?
C – What is the most **CONFUSING** or **CHALLENGING** part of this text?
D – What does God want you to **DO**?



4 let's **PRAY**

PRAISE GOD

for the gift of his son Jesus.

THANK JESUS

for becoming like us so that we might become like him.

ASK THE HOLY SPIRIT

to make you more and more like Jesus every day.



5 let's **BLESS**

Bless each other with the sign of the cross as you say the following:

Name, Jesus became human for you. Amen.