

8th February 2026



Jesus, you are the bread of life. As we gather around this meal, fill us with your sustaining presence, and empower us by the Holy Spirit to live fully in the new life you have given to those who put their trust in you.

AMEN

**LIVING
OUT
LOUD**

every day
...
every home



VERSE for the week

“If you love those who love you, what reward will you get? Are not even tax collectors doing that?”

-Matthew 5:46

THOUGHT
for the week

“The church exists for nothing else but to draw people to Christ; to make them little Christs.”

-C.S. Lewis



REMEMBER this week

Growing in Jesus' grace is not aimless – it is purposeful. The purpose is that we be empowered to draw people to Christ by doing what he calls us to do!



1 let's **SHARE**

1. Share your highs and lows.
2. Have you ever tried to use a 'life-hack' or 'tip' that you saw online? Did it work the way you expected?
3. Who, or what, influences your thinking most when you make decisions?
4. Just like a plant needs water, sun and healthy soil to grow, we also need some things to help us grow as followers of Jesus. What do you think some of those things are?
5. When you really trust someone, you will usually do what they ask. How do the choices you make show others how you trust Jesus?
6. What is one thing that Jesus taught in the sermon on the mount (Matt chapters 5-7) that you and your family/household could practice and try to 'grow' in this week?

2 let's **READ**

Sunday – **Matthew 5:44**
Monday – **Matthew 7:7-8**
Tuesday – **2 Peter 3:18**
Wednesday – **Galatians 5:22-23**
Thursday – **James 1:22**
Friday – **Romans 12:2**
Saturday – **Philippians 1:9-10**



3 let's **TALK**

A – What is this text **ABOUT**?
B – What is the **BEST** thing about this text?
C – What is the most **CONFUSING** or **CHALLENGING** part of this text?
D – What does God want you to **DO**?



4 let's **PRAY**

PRAISE GOD
for sending Jesus to fulfill the law and to die in our place.

THANK JESUS
for teaching us how to live as his loved and redeemed people.

ASK THE HOLY SPIRIT
to help you grow in the likeness of Christ.



5 let's **BLESS**

Bless each other with the sign of the cross as you say the following:

Name, May the words of Jesus take root in your heart and grow you in his grace. Amen.